



# air<sup>®</sup><sub>20</sub>



## DESCRIPTION

### Ready-to-drink Phenylalanine-free Medical Food

A blend of essential and non-essential amino acids, carbohydrate, docosahexaenoic acid (DHA), vitamins and minerals.

### USE UNDER MEDICAL SUPERVISION

## INDICATIONS

For use in the dietary management of Phenylketonuria (PKU) from 3 years of age.

## DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian, and is dependent on the age, body weight, and medical condition of the patient.

Each 174 mL pouch of **PKU air20** provides 20 g of protein equivalent.

## PREPARATION GUIDELINES

Shake well, open, and drink.  
Best served chilled.

IMPORTANT: Water or permitted drinks should be taken after product consumption.



## STORAGE

Store in a cool dry place.

Once opened, drink immediately or seal cap, refrigerate, and use within 24 hours.

## IMPORTANT NOTICE

Must only be consumed by people with proven PKU under strict medical supervision.

Diet must be supplemented with natural protein, water, and other nutrients in prescribed quantities to supply phenylalanine, fluid, and general nutrition requirements.

Not for intravenous use.

For enteral use only (oral and tube feeding).

Not for use as a sole source of nutrition.

## Ordering and Reimbursement Information

PKU air20						
Flavor	Packaging	Product Code	Item Number	Net Weight	Reimbursement Code	HCPCS Code
Gold - Coffee Fusion	30 x 174 mL	812539021698	21698	5.22 L (1.37 gal)	12539-0021-69	B4157 & B4162
Green - Citrus Twist		812539021704	21704		12539-0021-70	
Yellow - Mango Breeze		812539021711	21711		12539-0021-71	

## PKU air20 Nutrition Information

	Units	per 100 mL	per 174 mL (1 pouch)
Calories	kcal	62	107
Protein equivalent	g	11.5	20
Total Carbohydrate	g	1.5	2.6
Sugars	g	0.2	0.3
Total Fat	g	0.6	1.0
Saturated Fat	g	0.2	0.3
Docosahexaenoic Acid (DHA)	mg	77	134
<b>VITAMINS</b>			
Vitamin A	µg RE	133	231
Vitamin D	µg	5.1	9
Vitamin E	mg µ TE	2.7	4.7
Vitamin C	mg	19	33
Vitamin K	µg	12	21
Thiamin	mg	0.35	0.61
Riboflavin	mg	0.39	0.68
Niacin	mg	1.8	3.1
Vitamin B6	mg	0.44	0.77
Folic Acid	µg	51	89
Vitamin B12	µg	0.82	1.4
Biotin	µg	6.7	12
Pantothenic acid	mg	1.0	1.7
Choline	mg	102	178
<b>MINERALS</b>			
Sodium	mg	70	122
Potassium	mg	124	216
Chloride	mg	71	124
Calcium	mg	210	365
Phosphorus	mg	190	331
Magnesium	mg	60	104
Iron	mg	3.7	6.4
Copper	mg	0.37	0.64
Zinc	mg	2.8	4.9
Manganese	mg	0.25	0.44
Iodine	µg	45	78
Molybdenum	µg	11	19
Selenium	µg	13	23
Chromium	µg	7.1	12
<b>AMINO ACIDS</b>			
L-Alanine	g	0.53	0.92
L-Arginine	g	0.86	1.50
L-Aspartic Acid	g	1.36	2.37
L-Cystine	g	0.35	0.61
L-Glutamine	g	0	0
Glycine	g	1.35	2.35
L-Histidine	g	0.53	0.92
L-Isoleucine	g	0.93	2
L-Leucine	g	1.46	3
L-Lysine	g	0.96	1.67
L-Methionine	g	0.26	0.45
L-Phenylalanine*	g	-	-
L-Proline	g	0.97	1.69
L-Serine	g	0.60	1.04
L-Threonine	g	0.93	1.62
L-Tryptophan	g	0.29	0.50
L-Tyrosine	g	1.37	2.38
L-Valine	g	1.07	1.86
L-Carnitine	mg	13	23
Taurine	mg	25	44

\*No added phenylalanine.

Manufactured in Ireland for Vitaflo USA, LLC.

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### GOLD – COFFEE FUSION (ARTIFICIALLY FLAVORED)

#### PKU air Yellow

**Ingredients:** Water, and 2% or less of: L-lysine L-aspartate, Malic acid, L-leucine, L-tyrosine, Glycine, L-arginine L-aspartate, L-valine, L-proline, L-threonine, L-isoleucine, Modified corn starch, Calcium phosphate, L-serine, Soy lecithin, L-alanine, L-histidine, Magnesium phosphate, Refined tuna oil (fish), L-cystine, Choline bitartrate, Potassium citrate, L-tryptophan, Natural and artificial flavor, L-methionine, L-arginine, Salt, Maltodextrin, Xanthan gum, Ascorbic acid, Beta-carotene (color), Acesulfame potassium, Sodium ascorbate, Zinc gluconate, Sucralose, Taurine, Potassium sorbate (preservative), L-carnitine L-tartrate, Dipotassium phosphate, Sodium benzoate (preservative), Ferrous sulfate, DL-alpha tocopheryl acetate, Copper gluconate, Vitamin D3, Manganese gluconate, Vitamin A palmitate, Niacinamide, Calcium pantothenate, Vitamin B12, Biotin, Pyridoxine hydrochloride, Potassium iodide, Thiamine hydrochloride, Riboflavin, Vitamin K1, Folic acid, Sodium selenite, Chromium chloride, Sodium molybdate.

**Contains:** Fish (tuna) and Soy.

### GREEN – CITRUS TWIST (ARTIFICIALLY FLAVORED)

#### PKU air Green

**Ingredients:** Water, and 2% or less of: L-lysine L-aspartate, Malic acid, L-leucine, L-tyrosine, Glycine, L-arginine L-aspartate, L-valine, L-proline, L-threonine, L-isoleucine, Modified corn starch, Calcium phosphate, L-serine, Soy lecithin, Natural and artificial flavor, L-alanine, L-histidine, Magnesium phosphate, Refined tuna oil (fish), L-cystine, Choline bitartrate, Potassium citrate, L-tryptophan, L-methionine, L-arginine, Salt, Maltodextrin, Xanthan gum, Ascorbic acid, Beta-carotene (color), Sodium ascorbate, Acesulfame potassium, Taurine, Zinc gluconate, Sucralose, Potassium sorbate (preservative), L-carnitine L-tartrate, Dipotassium phosphate, Sodium benzoate (preservative), Ferrous sulfate, DL-alpha tocopherol acetate, Copper gluconate, Vitamin D3, Manganese gluconate, Vitamin A palmitate, Niacinamide, Calcium pantothenate, Vitamin B12, Biotin, Pyridoxine hydrochloride, Potassium iodide, Thiamine hydrochloride, Riboflavin, Vitamin K1, Folic acid, Sodium selenite, Chromium chloride, Sodium molybdate.

**Contains:** Fish (tuna) and Soy.

### YELLOW – MANGO BREEZE (ARTIFICIALLY FLAVORED)

**Ingredients:** Water, and 2% or less of: L-lysine L-aspartate, Malic acid, L-leucine, L-tyrosine, Glycine, L-arginine L-aspartate, L-valine, L-proline, L-threonine, L-isoleucine, Modified corn starch, Calcium phosphate, L-serine, Soy lecithin, L-alanine, L-histidine, Magnesium phosphate, Refined tuna oil (fish), L-cystine, Choline bitartrate, Potassium citrate, L-tryptophan, Natural and artificial flavor, L-methionine, L-arginine, Salt, Maltodextrin, Xanthan gum, Ascorbic acid, Beta-carotene (color), Acesulfame potassium, Sodium ascorbate, Zinc gluconate, Sucralose, Taurine, Potassium sorbate (preservative), L-carnitine L-tartrate, Dipotassium phosphate, Sodium benzoate (preservative), Ferrous sulfate, DL-alpha tocopheryl acetate, Copper gluconate, Vitamin D3, Manganese gluconate, Vitamin A palmitate, Niacinamide, Calcium pantothenate, Vitamin B12, Biotin, Pyridoxine hydrochloride, Potassium iodide, Thiamine hydrochloride, Riboflavin, Vitamin K1, Folic acid, Sodium selenite, Chromium chloride, Sodium molybdate.

**Contains:** Fish (tuna) and Soy.

**Osmolality:** 1400 mOsm/kg



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