



DESCRIPTION

Powdered Lysine-free and Low Tryptophan Medical Food

A blend of essential and non-essential amino acids, carbohydrate, vitamins and minerals.

USE UNDER MEDICAL SUPERVISION

INDICATIONS

For use in the dietary management of Glutaric Aciduria Type 1 (GA1) from 1 year of age.

DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian and is dependent on the age, body weight, and medical condition of the patient.

Each 24 g packet of GA gel provides
10 g of protein equivalent.

PREPARATION GUIDELINES

GA gel can be prepared as a semi-solid spoonable consistency or as a low volume drink.

For a semi-solid consistency:

1. Add 30 ml (1 fl oz) of cold water into a small container with a lid.
2. Empty the contents of the packet into the container.
3. Secure the lid and shake well for 10 seconds.
4. Leave to stand for 2 minutes, allowing a smooth semi-solid consistency to form. Consume with a spoon.

For drink:

1. Add approximately 80 ml (approx 3 fl oz) of cold water or other permitted beverage into a container with a lid.
2. Empty the contents of the packet into the container.
3. Secure the lid and shake well until powder dissolves.
4. Drink immediately.

IMPORTANT: Water or permitted drinks should be taken after product consumption.

The product should be prepared immediately prior to feeding and any remaining product must be discarded if not used within 1 hour.



IMPORTANT NOTICE

Must only be consumed by people with proven GA1 under strict medical supervision.

Diet must be supplemented with natural protein, water, and other nutrients in prescribed quantities to supply lysine, tryptophan, fluid, and general nutrition requirements.

Not for intravenous use. For enteral use only. Not for use as a sole source of nutrition.

STORAGE

Store in a cool dry place. Packets are designed for single use. Any unused powder in a packet must be tightly sealed and used within 24 hours.

PACK SIZE

30 x 24 g (0.84 oz) packets

NET WT.

720 g (25.3 oz) (1.58 lb)

Available in Unflavored.

GA gel Nutrition Information

	Units	per 100 g	per 24 g (1 packet)
Calories	kcal	338	81
Protein equivalent	g	41.7	10
Total Carbohydrate	g	43	10.3
Sugars	g	27	6.5
Total Fat	g	0	0
Saturated Fat	g	0	0
VITAMINS			
Vitamin A	µg RE	530	127
Vitamin D	µg	13	3.1
Vitamin E	mg TE	8	1.9
Vitamin C	mg	56	13
Vitamin K	µg	36	8.6
Thiamin	mg	0.89	0.21
Riboflavin	mg	1.1	0.26
Niacin	mg	12	2.9
Vitamin B6	mg	0.98	0.24
Folic acid	µg	180	43
Vitamin B12	µg	1.8	0.43
Biotin	µg	22	5.3
Pantothenic acid	mg	4.4	1.1
Choline	mg	250	60
MINERALS			
Sodium	mg	379	91
Potassium	mg	830	200
Chloride	mg	520	125
Calcium	mg	1083	260
Phosphorus	mg	730	175
Magnesium	mg	150	36
Iron	mg	12.4	3.0
Copper	mg	0.70	0.17
Zinc	mg	10	2.4
Manganese	mg	1.5	0.36
Iodine	µg	120	29
Molybdenum	µg	44	11
Selenium	µg	31	7.4
Chromium	µg	63	15
AMINO ACIDS			
L-Alanine	g	4.47	1.07
L-Arginine	g	4.19	1.01
L-Aspartic acid	g	2.61	0.63
L-Cystine	g	1.60	0.38
L-Glutamine	g	0	0
Glycine	g	2.82	0.68
L-Histidine	g	1.97	0.47
L-Isoleucine	g	3.62	0.87
L-Leucine	g	6.28	1.51
L-Lysine*	g	0	0
L-Methionine	g	1.10	0.26
L-Phenylalanine	g	3.02	0.72
L-Proline	g	3.52	0.84
L-Serine	g	3.12	0.75
L-Threonine	g	3.37	0.81
L-Tryptophan	g	0.31	0.07
L-Tyrosine	g	3.52	0.84
L-Valine	g	4.41	1.06
L-Carnitine	mg	46	11
Taurine	mg	92	22

*No added lysine.

Manufactured in Germany for Vitaflo USA, LLC.
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UNFLAVORED

Ingredients: Sugar, Corn Starch, L-Leucine, Modified Corn Starch, L-Alanine, L-Valine, L-Arginine, L-Isoleucine, L-Tyrosine, L-Proline, L-Threonine, L-Serine, L-Phenylalanine, Glycine, L-Aspartic Acid, Calcium Phosphate, L-Histidine, L-Cystine, Calcium Glycerophosphate, Sodium Citrate, Magnesium Phosphate Dibasic, Potassium Chloride, L-Methionine, Potassium Citrate, Choline Bitartrate, L-Tryptophan, Maltodextrin, Ascorbic Acid, Taurine, Salt, Zinc Gluconate, L-Carnitine L-Tartrate, Ferrous Sulfate, DL-Alpha Tocopherol Acetate, Niacinamide, Manganese Gluconate, Chromium Chloride, Sodium Selenite, Retinyl Acetate, Vitamin D3, Copper Gluconate, Calcium Pantothenate, Biotin, Folic Acid, Vitamin B12, Potassium Iodide, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Sodium Molybdate, Riboflavin, Vitamin K.

Osmolality:

24 g (1 packet) + 30 ml (1 fl oz) water = 3000 mOsm/kg
24 g (1 packet) + 80 ml (2.7 fl oz) water = 1540 mOsm/kg



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