



DESCRIPTION

**Medium Chain Triglyceride (MCT) based powder with a neutral taste
USE UNDER MEDICAL SUPERVISION**

INDICATIONS

For the dietary management of disorders of long chain fatty acid oxidation, fat malabsorption and other disorders requiring a high MCT, low Long Chain Triglyceride (LCT) diet. Suitable from 3 years of age.

DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian and is dependent on the age, body weight, and medical condition of the patient.

PREPARATION GUIDELINES

Sprinkle MCTprocal onto the desired food or drink and stir until powder is dissolved.

MCTprocal can also be used in cooking and baking.

Further serving suggestions and recipes for MCTprocal are available on request.

Not suitable for addition to fruit juice.

STORAGE

Unopened – Store in a cool dry place.

Opened – Packets are designed for single use and should be used once opened. Any unused powder in an open packet should be kept in an airtight container, or sealed with a clip and used within 24 hours.

PACK SIZE

30 x 16 g (0.56 oz) packets

NET WT.

480 g (16.9 oz) (1.1 lb)

Available in Unflavored.

IMPORTANT NOTICE

Must only be consumed under strict medical supervision.

Suitable from 3 years of age.

Not for intravenous use. For enteral use only. Not for use as a sole source of nutrition.

SERVING SUGGESTIONS

Skim Milk – Add the required amount of MCTprocal to warm or cold skim or low fat milk (as directed). Stir until dissolved.

Water – Add the required amount of MCTprocal to previously boiled warm water or cold water. Stir until dissolved.

Hot Drinks

Tea – Add the required amount of MCTprocal to a cup of tea and stir until dissolved.

Coffee – Add the required amount of MCTprocal to coffee granules, add previously boiled hot water. Stir until dissolved.

Hot Chocolate – Add the required amount of MCTprocal to hot skim or low fat milk (as directed) or previously boiled hot water. Stir until dissolved.

Low Fat Desserts or Puddings

(e.g. custard, rice pudding)

Make up the pudding as directed. Sprinkle the required amount of MCTprocal onto the pudding. Stir until dissolved.

Low Fat Yogurt – Add the required amount of MCTprocal to yogurt (as directed) and mix until smooth.

Oatmeal – Mix the required amount of MCTprocal into hot oatmeal before serving.

Low Fat Soup – Add the required amount of MCTprocal to soup and stir until dissolved.

Mashed Potato – Sprinkle the required amount of MCTprocal onto hot mashed potato and mix well.

MCTprocal™ Nutrition Information

	Units	per 100 g	per 16 g (1 packet)
Calories	kcal	703	112
Protein	g	12.2	2.0
Total Carbohydrate	g	20.6	3.3
Sugars	g	3.3	0.5
Total Fat	g	63.5	10
Saturated Fat	g	61.2	10
Medium Chain Triglycerides (MCT)	g	60.7	10
Long Chain Triglycerides (LCT)	g	0.90	0.14
MINERALS			
Sodium	mg	220	35
Potassium	mg	542	87
Calcium	mg	320	51
Phosphorus	mg	444	71

Ingredients: Medium Chain Triglycerides, Glucose Syrup, Sodium Caseinate (milk), Dipotassium Phosphate, Calcium Phosphate.

Contains: Milk.

Manufactured in Germany for Vitaflo USA, LLC.

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