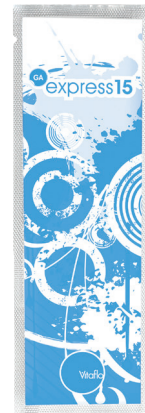




express[®]15



DESCRIPTION

Powdered Lysine-free and Low Tryptophan Medical Food

A blend of essential and non-essential amino acids, carbohydrate, vitamins and minerals.

USE UNDER MEDICAL SUPERVISION

INDICATIONS

For use in the dietary management of Glutaric Aciduria Type 1 (GA1) from 3 years of age.

DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian and is dependent on the age, body weight, and medical condition of the patient.

Each 25 g packet of GA express15 provides 15 g of protein equivalent.

PREPARATION GUIDELINES

Step 1: Empty the contents of the packet into a cup with lid.

Step 2: Add 80 ml (approx. 3 fl oz) of cold water or other permitted beverages. Secure the lid and shake well until powder dissolves.

Step 3: For best results the product should be freshly prepared and used immediately.

IMPORTANT: Water or permitted drinks should be taken after product consumption.

STORAGE

Store in a cool dry place. Packets are designed for single use. The product should be freshly prepared and consumed immediately.

However, if this is not possible, any prepared product must be tightly covered and consumed within 6 hours at room temperature or within 24 hours if refrigerated. Re-shake before use.

PACK SIZE

30 x 25 g (0.88 oz) packets

NET WT.

750 g (26.4 oz) (1.65 lb)

Available in Unflavored.

IMPORTANT NOTICE

Must only be consumed by people with proven Glutaric Aciduria Type 1 (GA1) under strict medical supervision.

Diet must be supplemented with natural protein, water, and other nutrients in prescribed quantities to supply lysine, tryptophan, fluid, and general nutrition requirements.

Not for intravenous use.

For enteral use only.

Not for use as a sole source of nutrition.

GA express Nutrition Information

| | Units | per 100 g | per 25 g (1 packet) |
|--------------------|---------|-----------|---------------------|
| Calories | kcal | 297 | 74 |
| Protein Equivalent | g | 60 | 15 |
| Total Carbohydrate | g | 13.7 | 3.4 |
| Sugars | g | 1.0 | 0.2 |
| Total Fat | g | 0.2 | 0.05 |
| Saturated Fat | g | 0 | 0 |
| VITAMINS | | | |
| Vitamin A | µg RE | 740 | 185 |
| Vitamin D | µg | 11.7 | 2.9 |
| Vitamin E | mg α TE | 14 | 3.5 |
| Vitamin C | mg | 96 | 24 |
| Vitamin K | µg | 89 | 22 |
| Thiamin | mg | 1.8 | 0.45 |
| Riboflavin | mg | 2.0 | 0.50 |
| Niacin | mg | 22 | 5.5 |
| Vitamin B6 | mg | 2.5 | 0.63 |
| Folic acid | µg | 360 | 90 |
| Vitamin B12 | µg | 4.3 | 1.1 |
| Biotin | µg | 170 | 43 |
| Pantothenic acid | mg | 7.1 | 1.8 |
| Choline | mg | 530 | 133 |
| MINERALS | | | |
| Sodium | mg | 510 | 128 |
| Potassium | mg | 840 | 210 |
| Chloride | mg | 650 | 163 |
| Calcium | mg | 1090 | 273 |
| Phosphorus | mg | 990 | 248 |
| Magnesium | mg | 330 | 83 |
| Iron | mg | 19 | 4.8 |
| Copper | mg | 2.0 | 0.50 |
| Zinc | mg | 19 | 4.8 |
| Manganese | mg | 2.8 | 0.70 |
| Iodine | µg | 220 | 55 |
| Molybdenum | µg | 130 | 33 |
| Selenium | µg | 78 | 20 |
| Chromium | µg | 78 | 20 |
| AMINO ACIDS | | | |
| L-Alanine | g | 6.43 | 1.61 |
| L-Arginine | g | 6.03 | 1.51 |
| L-Aspartic acid | g | 3.76 | 0.94 |
| L-Cystine | g | 2.30 | 0.58 |
| L-Glutamine | g | 0 | 0 |
| Glycine | g | 4.05 | 1.01 |
| L-Histidine | g | 2.83 | 0.71 |
| L-Isoleucine | g | 5.21 | 1.30 |
| L-Leucine | g | 9.04 | 2.26 |
| L-Lysine* | g | 0 | 0 |
| L-Methionine | g | 1.59 | 0.40 |
| L-Phenylalanine | g | 4.34 | 1.09 |
| L-Proline | g | 5.07 | 1.27 |
| L-Serine | g | 4.49 | 1.12 |
| L-Threonine | g | 4.85 | 1.21 |
| L-Tryptophan | g | 0.45 | 0.11 |
| L-Tyrosine | g | 5.07 | 1.27 |
| L-Valine | g | 6.36 | 1.59 |
| L-Carnitine | mg | 64 | 16 |
| Taurine | mg | 132 | 33 |

*No added lysine.

Manufactured in Germany for: Vitaflo USA, LLC.
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 www.VitafloUSA.com | Code: VFUSA_GAEXPDS_042020
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UNFLAVORED

Ingredients: Dried Glucose Syrup, L-Leucine, L-Alanine, L-Valine, L-Arginine, L-Isoleucine, L-Tyrosine, L-Proline, L-Threonine, L-Serine, L-Phenylalanine, Glycine, L-Aspartic Acid, Calcium Phosphate, L-Histidine, Magnesium Phosphate Dibasic, Modified Corn Starch, Potassium Citrate, L-Cystine, Choline Bitartrate, L-Methionine, Salt, Maltodextrin, L-Tryptophan, Xanthan Gum, Ascorbic Acid, Ferrous Gluconate, Soy Lecithin, Zinc Gluconate, Taurine, L-Carnitine L-Tartrate, DL-alpha Tocopheryl Acetate, Manganese Gluconate, Niacinamide, Sodium Selenite, D-Biotin, Copper Gluconate, Chromium Chloride, Calcium Pantothenate, Retinyl Acetate, Vitamin D3, Vitamin B12, Folic Acid, Sodium Molybdate, Pyridoxine Hydrochloride, Potassium Iodide, Thiamine Hydrochloride, Riboflavin, Vitamin K.

Contains: Soy.

Osmolality

25 g (1 packet) + 80 ml (2.7 fl oz) water = 1896 mOsm/kg



Innovation in Nutrition

A Nestlé Health Science Company