

# FruitiVits®



## DESCRIPTION

**Powdered mixture of vitamins and minerals for restrictive therapeutic diets**

**USE UNDER MEDICAL SUPERVISION**

## INDICATIONS

For use in the dietary management of restrictive therapeutic diets, such as the ketogenic diet and inborn errors of metabolism from 4 years of age.

## DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian and is dependent on the age, body weight, and medical condition of the patient.

## PREPARATION GUIDELINES

1. Add 60 ml (2 fl oz) of cold water into a cup with a lid.
2. Empty contents of the packet into cup. Secure the lid and shake well until the powder is fully dissolved.
3. Drink immediately.  
The product should be freshly prepared and consumed immediately. However, if this is not possible, all prepared products must be tightly covered and consumed within 4 hours at room temperature or within 24 hours if refrigerated. Re-shake product before use.

## STORAGE

Store in a cool dry place.

Packets are designed for single use and it is recommended that contents are used immediately once opened.

If a smaller dose is required, any unused powder in an open packet should be stored in an airtight container or re-sealed with a clip and used within 24 hours.

## PACK SIZE

30 x 6 g (0.21 oz) packets

## NET WT.

180 g (6.3 oz)

Available in Orange flavor. Artificially flavored.

## IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from 4 years of age.

Not for intravenous use.  
For enteral use only.

Not for use as a sole source of nutrition.

## Nutrition Information

	Units	Per 100 g	Per 6 g (1 packet)
Calories	kcal	46	3
Protein	g	0	0
Total Carbohydrate	g	11.6	0.7
Sugars	g	0.5	0.03
Total Fat	g	0	0
Saturated fat	g	0	0
<b>VITAMINS</b>			
Vitamin A	µg RE	7407	444
Vitamin D	µg	222	13
Vitamin E	mg α TE	137	8.2
Vitamin C	mg	592	36
Vitamin K	µg	888	53
Thiamin	mg	17	1.0
Riboflavin	mg	20	1.2
Niacin	mg	222	13
Vitamin B6	mg	25	1.5
Folic Acid	µg	3555	213
Vitamin B12	µg	41	2.5
Biotin	µg	1659	100
Pantothenic acid	mg	69	4.1
Choline	mg	3704	222
<b>MINERALS</b>			
Sodium	mg	45	2.7
Potassium	mg	180	10.8
Chloride	mg	20	1.2
Calcium	mg	11911	715
Phosphorus	mg	7437	446
Magnesium	mg	2977	179
Iron	mg	148	8.9
Copper	mg	15	0.90
Zinc	mg	148	8.9
Manganese	mg	22	1.3
Iodine	µg	2504	150
Molybdenum	µg	1007	60
Selenium	µg	607	36
Chromium	µg	607	36

**Ingredients:** Calcium Phosphate, Magnesium Sulfate, Magnesium Phosphate, Choline Bitartrate, Natural and Artificial Flavor, Citric Acid, Xanthan Gum, Ascorbic Acid, Beta Carotene (Color), Ferrous Sulfate, DL-Alpha Tocopherol Acetate, Zinc Sulfate, Acesulfame Potassium, Niacinamide, Biotin, Sucralose, Vitamin D3, Calcium Pantothenate, Vitamin A Acetate, Manganese Sulfate, Sodium Selenite, Vitamin B12, Copper Sulfate, Potassium Iodide, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin K1, Folic Acid, Chromium Chloride, Sodium Molybdate.

**Osmolality:** 1 packet (6 g) + 60 ml (2 fl.oz) water = 275 mOsm/kg

Manufactured in Poland for VitaFlo USA, LLC.

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