



air₂₀[®]



DESCRIPTION

Ready-to-drink Phenylalanine-free Medical Food

A blend of essential and non-essential amino acids, carbohydrate, docosahexaenoic acid (DHA), vitamins and minerals.

USE UNDER MEDICAL SUPERVISION

INDICATIONS

For use in the dietary management of Phenylketonuria (PKU) from 3 years of age.

DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian, and is dependent on the age, body weight, and medical condition of the patient.

Each 174 ml pouch of PKU air20 provides 20 g of protein equivalent.

PREPARATION GUIDELINES

Shake well, open, and drink.
Best served chilled.

IMPORTANT: Water or permitted drinks should be taken after product consumption.

STORAGE

Store in a cool dry place.

Once opened, drink immediately or seal cap, refrigerate, and use within 24 hours.

PACK SIZE

PKU air20 – 30 x 174 ml (5.88 fl oz) pouches

NET

PKU air20 – 5.2 L (176 fl oz) (1.37 gal)

Available in Yellow (Mango Breeze), Green (Citrus Twist) and Gold (Coffee Fusion).

IMPORTANT NOTICE

Must only be consumed by people with proven Phenylketonuria (PKU) under strict medical supervision.

Diet must be supplemented with natural protein, water, and other nutrients in prescribed quantities to supply phenylalanine, fluid, and general nutrition requirements.

Not for intravenous use.

For enteral use only.

Not for use as a sole source of nutrition.

PKU air20 Nutrition Information

	Units	per 100 ml	per 174 ml (1 pouch)
Calories	kcal	57	100
Protein equivalent	g	11.5	20
Total Carbohydrate	g	1.5	2.6
Sugars	g	0.2	0.3
Total Fat	g	0.6	1.0
Saturated Fat	g	0.2	0.3
Docosahexaenoic Acid (DHA)	mg	68	118
VITAMINS			
Vitamin A	µg RE	130	226
Vitamin D	µg	5.1	8.9
Vitamin E	mg α TE	2.7	4.7
Vitamin C	mg	19	33
Vitamin K	µg	12	22
Thiamin	mg	0.36	0.63
Riboflavin	mg	0.39	0.68
Niacin	mg	1.8	3.1
Vitamin B6	mg	0.44	0.77
Folic Acid	µg	51	89
Vitamin B12	µg	0.82	1.4
Biotin	µg	6.7	12
Pantothenic acid	mg	1.0	1.7
Choline	mg	102	178
MINERALS			
Sodium	mg	60	104
Potassium	mg	120	209
Chloride	mg	70	122
Calcium	mg	210	365
Phosphorus	mg	190	331
Magnesium	mg	60	104
Iron	mg	3.7	6.4
Copper	mg	0.37	0.64
Zinc	mg	2.8	4.9
Manganese	mg	0.26	0.45
Iodine	µg	45	78
Molybdenum	µg	11	19
Selenium	µg	13	23
Chromium	µg	7.1	12
AMINO ACIDS			
L-Alanine	g	0.53	0.92
L-Arginine	g	0.86	1.50
L-Aspartic Acid	g	1.36	2.37
L-Cystine	g	0.35	0.61
L-Glutamine	g	0	0
Glycine	g	1.35	2.35
L-Histidine	g	0.53	0.92
L-Isoleucine	g	0.93	1.62
L-Leucine	g	1.46	2.54
L-Lysine	g	0.96	1.67
L-Methionine	g	0.26	0.45
L-Phenylalanine*	g	0	0
L-Proline	g	0.97	1.69
L-Serine	g	0.60	1.04
L-Threonine	g	0.93	1.62
L-Tryptophan	g	0.29	0.50
L-Tyrosine	g	1.37	2.38
L-Valine	g	1.07	1.86
L-Carnitine	mg	13	23
Taurine	mg	25	44

*No added phenylalanine.

Manufactured in the Republic of Ireland for Vitaflor USA, LLC.
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YELLOW – MANGO BREEZE (ARTIFICIALLY FLAVORED)

Ingredients: Water, L-Lysine L-Aspartate, L-Leucine, L-Tyrosine, Glycine, Malic Acid, L-Arginine L-Aspartate, L-Valine, L-Proline, L-Threonine, L-Isoleucine, Modified Corn Starch, Calcium Phosphate, L-Serine, Soy Lecithin, L-Alanine, L-Histidine, Glucose Syrup Solids, Magnesium Hydrogen Phosphate, Refined Tuna Oil (Fish), L-Cystine, Choline Bitartrate, Potassium Citrate, L-Tryptophan, Natural and Artificial Flavor, L-Methionine, L-Arginine, L-Ascorbic Acid, Salt, Maltodextrin, Xanthan Gum, Acesulfame Potassium, Beta-Carotene (Color), Zinc Gluconate, Taurine, Sucralose, Potassium Sorbate (Preservative), L-Carnitine L-Tartrate, Sodium Benzoate (Preservative), Iron Sulfate, Copper Gluconate, Manganese Gluconate, Niacinamide, Vitamin E Acetate, Sodium Selenite, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Acetate, Chromium Chloride, Sodium Molybdate, Folic Acid, Potassium Iodide, Biotin, Vitamin K, Vitamin D, Vitamin B12.

Contains: Fish (tuna) and Soy.

GREEN – CITRUS TWIST (ARTIFICIALLY FLAVORED)

Ingredients: Water, L-Lysine L-Aspartate, L-Leucine, L-Tyrosine, Glycine, Malic Acid, L-Arginine L-Aspartate, L-Valine, L-Proline, L-Threonine, L-Isoleucine, Modified Corn Starch, Calcium Phosphate, L-Serine, Soy Lecithin, L-Alanine, L-Histidine, Glucose Syrup Solids, Magnesium Hydrogen Phosphate, Refined Tuna Oil (Fish), L-Cystine, Choline Bitartrate, Potassium Citrate, L-Tryptophan, Natural and Artificial Flavor, L-Methionine, L-Arginine, L-Ascorbic Acid, Salt, Maltodextrin, Xanthan Gum, Acesulfame Potassium, Beta-Carotene (Color), Zinc Gluconate, Taurine, Sucralose, Potassium Sorbate (Preservative), L-Carnitine L-Tartrate, Sodium Benzoate (Preservative), Iron Sulfate, Copper Gluconate, Manganese Gluconate, Niacinamide, Vitamin E Acetate, Sodium Selenite, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Acetate, Chromium Chloride, Sodium Molybdate, Folic Acid, Potassium Iodide, Biotin, Vitamin K, Vitamin D, Vitamin B12.

Contains: Fish (tuna) and Soy.

GOLD – COFFEE FUSION (ARTIFICIALLY FLAVORED)

Ingredients: Water, L-Lysine L-Aspartate, L-Leucine, L-Tyrosine, Glycine, Malic Acid, Natural and Artificial Flavor, L-Arginine L-Aspartate, L-Valine, L-Proline, L-Threonine, L-Isoleucine, Modified Corn Starch, Calcium Phosphate, L-Serine, Soy Lecithin, L-Alanine, L-Histidine, Glucose Syrup Solids, Magnesium Hydrogen Phosphate, Refined Tuna Oil (Fish), L-Cystine, Choline Bitartrate, Potassium Citrate, L-Tryptophan, L-Methionine, L-Arginine, L-Ascorbic Acid, Salt, Maltodextrin, Xanthan Gum, Acesulfame Potassium, Taurine, Zinc Gluconate, Sucralose, Potassium Sorbate (Preservative), L-Carnitine L-Tartrate, Sodium Benzoate (Preservative), Iron Sulfate, Copper Gluconate, Manganese Gluconate, Niacinamide, Vitamin E Acetate, Sodium Selenite, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Acetate, Chromium Chloride, Sodium Molybdate, Folic Acid, Potassium Iodide, Biotin, Vitamin K, Vitamin D, Vitamin B12.

Contains: Fish (tuna) and Soy.

Osmolality: 1400 mOsm/kg



Innovation in Nutrition

A Nestlé Health Science Company